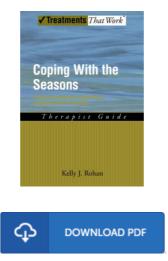
Treatments...

## Coping with the Seasons A Cognitive Behavioral Approach to Seasonal Affective Disorder, Therapist Guide Treatments That Work



### **Book Review**

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me). (Dr. Everett Dicki DDS)

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